

# FOODS FOR F.I.S.H.



Canned fruit 14.5 oz

Pasta

Tomato Sauce/Paste

Canned Vegetables 14.5 oz

Canned meat/fish  
(Spam, tuna, chicken)



Macaroni and Cheese

Canned Soup

Hamburger Helper

Peanut Butter 18 oz

Jam or Jelly

Baby Food

Baby Cereal

Oatmeal

Dry Milk (3qt box)

